



TRIM OFF GRAY



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**SIDE B**

[illegible]

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## ACTIVITY INSTRUCTIONS:

### Step 1.

Imagine you have been handed a magical blank cassette that transforms into a **Mixtape Manifesto**, giving you the power to create, reshape, or sustain anything in the world without limits.

Your **mixTAPE PROMPT**: Write about one thing you want to **START, STOP, or SUSTAIN**. What does it look like when you eliminate every barrier, and you can design it just as it lives in your mind?

Imagine this magical blank cassette removes every actual or perceived barrier — finances, resources, design experience, partnerships, hierarchies, education, or anything else that might you believe hinders you from accomplishing your desired goal — creating a shield that allows you to design freely and without limitation.

While the music you have selected plays in the background, write your manifesto in the section marked “**What is your mixtape Introduction?**” and the numbers 1, 2, 3.”

Take **5 minutes** to think and write as if the answer to this prompt is already happening, and you merely report what you see LIVE and in real-time. You can either write from left to right taking up all the space on the page OR write multiple thoughts you may be having in each of the 3 rectangles.

### Step 2.

Now, you will create a visual response with a quick sketch in the large blank rectangle. Try to sketch within the dotted border. Give yourself one song, or approximately **3 minutes**, to draw who’s present in this vision you just wrote about? **Who are the people you need to bring your manifesto to life (collaborators, customers, or clientele)? How might others contribute, and what will they see at the grand opening? What does success look like when it becomes real?**

Sketch the places or spaces where you see your **Mixtape Manifesto** in action. Detail what you have built, dismantled, or kept thriving. Reflect on what is essential to include, and exclude and why those choices matter, using images and symbols. Try to limit the use of words in this part of the exercise.

### Step 3.

Create as many song titles or “tracks” as you can, inspired by your mixtape description and sketch/art. You’ll see two columns labeled “**SIDE A**” and “**SIDE B**,” each followed by lines for your entries.

For mixtapes, “**SIDE A**” and “**SIDE B**” traditionally represent contrasting themes or complementary variations. Use this structure as a foundation while personalizing it to reflect your unique perspective. Your songs should embody the essence of your **Mixtape Manifesto**, capturing the core message you want to convey.

These song titles can be entirely original creations that you make-up, a mix of existing and new ideas, or whatever feels most authentic to you. Review your tracklist to ensure it tells the story you wish to share and inspires your future work.

There are no wrong answers — the goal is to create descriptions using song titles as a medium for your “**SIDE A**” and “**SIDE B**” that best represent your manifesto and visuals.

After you have written as many songs as you can within **5 minutes** in the two columns, take a moment to read each title aloud. Pause and think about how each song title connects and flows with your **manifesto** before moving on to the next and final step.

### Step 4.

You are at the last step of your mixtape. This is the moment when you put a name to the journey. For the next **2 minutes**, reflect on what you have written, sketched, or given song titles to and what thoughts have crossed your mind during the past **15 minutes**.

Think about the hopes, fears, ambitions, amazing ideas, etc, that came atop of your mind while designing your **Mixtape Manifesto**.

On the image of the cassette on page 1, at the top, please write the name of your choice for your **Mixtape Manifesto** on the cassette label.

**Congratulations!** This marks the last and final step of your **Mixtape Manifesto**. Your **Mixtape Manifesto** is complete and ready to play — for the world or just for you.